

Grow More Food

Local food is vital, and it doesn't get any more local than your back yard! Vegetable and fruit production can be very productive here on the Front Range. We can teach you how to grow and preserve significant amounts of food on the space you have available. Whether you have a few square feet or a few thousand square feet, this series will provide you with the science-based tools to:

- ❑ Improve your soil
- ❑ Manage soil moisture
- ❑ Design an irrigation system
- ❑ Control insects, diseases, and weeds
- ❑ Cultivate berries and tree fruits
- ❑ Use specific practices for different crops
- ❑ Plan your garden for a continuous harvest
- ❑ Determine when and how to harvest and store.
- ❑ Preserve food by drying, the most energy-efficient way to preserve.
- ❑ Raise chickens and rabbits as a way to add animal protein to your homegrown menu.

Boulder County Extension
9595 Nelson Road, Box B
Longmont, CO 80501

Home Scale Food Production Series

2009



CSU Extension programs are available to all without discrimination

Eat What You Grow

CSU Extension in Boulder County is excited to offer this series of 11 evening classes designed to help you grow and preserve more food for your family. Concepts taught during these sessions are applicable for backyard production and may be scaled up to one-half of an acre.

Who Should Participate

- Novice to experienced backyard gardeners
- Community Gardeners
- Individuals interested in creating gardens for preschoolers or K-12 school sites
- Chefs interested in understanding local food production
- Persons interested in the science of high altitude canning, freezing, and drying fruits & vegetables safely

Cost and Location

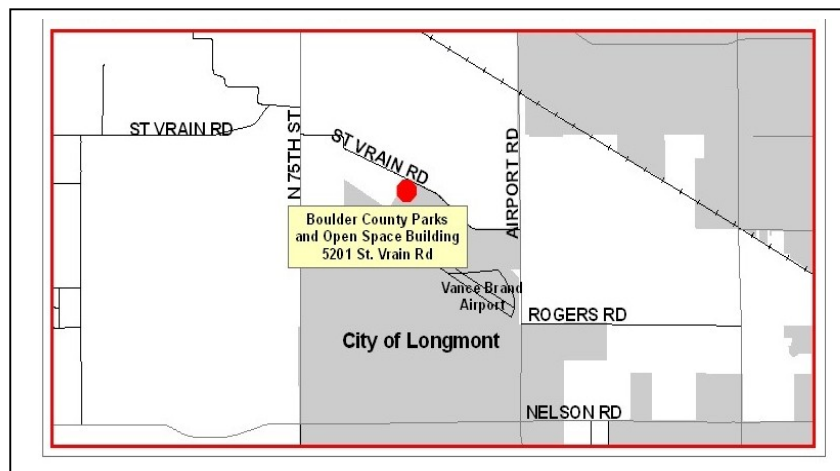
****Registration Limited to 40****

- \$190 for all 11 sessions (\$17.27 per class)
- \$20 per individual session (à la carte)
- Boulder County Parks and Open Space Building
5201 St. Vrain Rd (Online directions not recommended for map to location)
- Classes held 6:00 to 8:00pm

Program Lineup

- Sept. 14 - Planning, Crop Succession, Variety Selection
- Sept. 16 - Weed ID and Management
- Sept. 21 - Identifying and Managing Insect Pests
- Sept. 23 - Identifying and Managing Plant Diseases
- Sept. 28 – Soils and Fertility
- Sept. 30 – Season Extension and Cultural Practices
- Oct. 5 – Growing Tree Fruits and Berries
- Oct. 7 – Designing and Managing Irrigation
- Oct. 12 – Harvest and Post-Harvest Storage
- Oct. 14 – Techniques and Recipes for Drying and Eating your Harvest
- Oct. 19 – Raising Chickens and Rabbits for the Table

Questions? Call: 303-678-6238



Registration Form

Name(s): _____
Address: _____
City/Zip: _____
Phone: _____
Email: _____

Please check appropriate box(es):

- 11 sessions for \$190
_____ participants @ \$190 ea = _____
- à la carte for \$20 each
Please circle sessions below you will attend:
- Sept. 14 - Planning, Crop Succession, Variety Selection
- Sept. 16 - Weed ID and Management
- Sept. 21 - Identifying and Managing Insect Pests
- Sept. 23 - Identifying and Managing Plant Diseases
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_____ Sessions @ \$20 ea = _____

Total = _____

Make Check payable to:
"Boulder County Extension"
Mail check with this registration form to:
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